

# Symbols: People, Places & Things



## Dream Workshop

Presented by  
Lynne Larson

**Saturday, June 18, 2011**

*Church of the Holy Apostles Fellowship Hall  
1593 Lynnhaven Parkway      Virginia Beach VA 23453*

**A Symbol is what it says and  
something else besides. . .**

The most frequent dream question I am asked is “What does this symbol mean?” More than anything else, dreamers want to understand the meaning of the people, places and things that emerge as images during sleep. Actually, we are immersed in symbols all the time. Whether in a dream state, surfing TV channels or on the Internet, we are surrounded by metaphorical images and their layers of meaning, both in our conscious waking life and from the depths of the unconscious. Advertisers are adept at making us think that if we imitate the characters in a commercial—drive a specific car or use a certain toothpaste—we’ll be happy and successful and loved by Mr. or Mrs. Right, just like the people in the ads.

What storytellers and advertisers are doing is similar to how our Dream Psyche functions in showing us images that we can identify with and if the connection is strong enough, that holds personal meaning for us. The difference with dreaming is that the development of these images originates *within you*, the dreamer. Come join us as we explore the wisdom of symbols.

Symbols: People, Places & Things  
Registration Form

*Saturday, June 18, 2011*

9:00 a.m. – 2:30 p.m. *Doors open at 8:30 a.m.*

*\$30.00 (Includes Lunch)*

For more information, e-mail Lynne at [llarson24@cox.net](mailto:llarson24@cox.net) or call (757)420-3825.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_ e-mail Address \_\_\_\_\_

Make your check payable to Retreats and mail to:

Retreats  
6612 Pinewood Court  
Virginia Beach, VA 23464

Members of Holy Apostles may put the registration in the box marked "Dream Workshop" above the office mail boxes.

**PLEASE MARK YOUR LUNCH CHOICE:**

\_\_\_\_\_ **ROAST BEEF SANDWICH** \_\_\_\_\_ **SALAD WITH GRILLED CHICKEN**

\_\_\_\_\_ **VEGETARIAN SALAD**

The Divine Creator formed us as beings who dream with purpose. You can become more proactive in listening to your dreams with some basic tools to help you remember, record and reflect. In this workshop we will explore

dream images and work with techniques to discover our personal symbols. Join us as we use guided imagery and the tools of neuroscience to transform negative patterns and enliven positive energy.



MARK THE DATES

***Same Time, Same Place, Same Fee***

**Saturday, July 16**

**Build a Better Brain**

Putting it all together:

Dreams, prayer, meditation,  
guided imagery, intention  
and your miracle brain.

**Saturday, August 27**

**Dreams and the Mandala**

Learn about your life blueprint through  
Dreams and your sacred circle.

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Church of the Holy Apostles is between Rosemont Road and South Independence,  
across from WAWA

For more information, e-mail Lynne Larson  
at [llarson24@cox.net](mailto:llarson24@cox.net) or call 757-420-3825

LUNCHES WILL BE PROVIDED

BY CUSTOM CUISINE

LEON EGGERS 757-340-6401

**PLEASE MARK YOUR LUNCH CHOICE ON THE REGISTRATION FORM**



## ONE STEP

Do you have a pair of almost-new shoes in your closet that you know you will never wear? Could those shoes be the perfect fit for someone going on a job interview or reporting to work tomorrow? The idea of ONE STEP came from a dream that I put on my mental shelf for a couple of years. Would people really want to donate shoes? How would I collect them? Where would I send them? Recurring dreams about ONE STEP followed. My doubts remained. Then in the wee morning hours of the first day of 2011, a definitive dream told me to move forward. So it shall be.

You are invited to take a step in quality recycling. Please bring shoes to the dream workshop or if you are not coming and would like to donate shoes, call me or send an e-mail.

*Do you have a dream question?  
Check out the website or contact Lynne.*

**Lynne Larson**

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757-420-3825

[www.thejoyofdreaming.com](http://www.thejoyofdreaming.com)